

Sherrill

Oceanside/Island Park

HERALD



'Midsummer' interlude
at Old Westbury
Gardens - Page 15



Walking so kids
can go to camp
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\$1.00

See our latest newsletter inside!

South Nassau COMMUNITIES HOSPITAL

HealthyOUTLOOK

Health Risks of Electronic Cigarettes

Enjoy Slow Days Without the Sun

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EVENTS AND ACTIVITIES

COMMUNITY UPDATE

June 16, 2016 – OCEANSIDE/ISLAND PARK HERALD

Temple Avodah

3050 Oceanside Road, Oceanside
(516) 766-6809

Preparing for the Senior Years

Temple Avodah presents a free seminar on matters of major importance for senior citizens on June 26 at 9:30 a.m. Topics to be discussed with local experts include healthy living, community resources, retirement plans, benefits and Medicare options, estate planning and funeral planning. Reservations are requested and walk-ins are welcome for this event, which is open to the public. Speakers and additional resources will be available following the program. Refreshments are being sponsored by PSEG Long Island. Register for this event at www.avodah.org.